



School Emergency Response Procedure for Severe Asthma Episode

NEVER LEAVE A STUDENT WITH BREATHING PROBLEMS ALONE
STAY WITH STUDENT
DON'T SEND A STUDENT WITH BREATHING PROBLEMS ANYWHERE

IF YOU SEE:

1. Very fast or hard breathing.
2. Skin sucking in over child's stomach or ribs with breathing.
3. Breathing so hard they cannot walk or speak.
4. Lips or fingernail beds turn blue

DO THIS:

1. Stay with student, call for help, and have someone call 9-1-1.
2. Keep student sitting upright.
3. Ask student if their quick-relief medication (Albuterol) is with them, or have quick-relief medication brought to student and assist in immediate administration (inhaler or nebulizer).
4. Repeat quick-relief medication every 20 minutes or as authorized in student's asthma action plan.
5. Watch breathing and be prepared to administer CPR until paramedics arrive.
6. Have someone notify the school nurse.
7. School nurse or administrator will notify the student's parent and health care provider.